



SERVING AWARD-WINNING FOOD THAT KIDS LOVE.

WWW.DCCENTRAALKITCHEN.ORG

FOLLOW US ON SOCIAL MEDIA!



# May Fresh Fruit & Vegetable Program Menu



## FFVP Produce Bundles

Check out our weekly produce bundles! Every Tuesday we'll introduce a new bundle that will be available for the rest of the week. Each bundle includes four different produce items—two fruits and two veggies!

Some will be items you've seen before and some may be new and interesting. Check out our educational handouts and recipe cards to learn more about the fruits and vegetables you receive!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 <ul style="list-style-type: none"> <li>• yali pears</li> <li>• gold rush apples</li> <li>• rainbow chard</li> <li>• red potatoes</li> <li>• italian dip</li> </ul>	5	6	7
10	11 <ul style="list-style-type: none"> <li>• pineapple</li> <li>• pixie tangerines</li> <li>• radishes</li> <li>• butter lettuce</li> <li>• ranch dip</li> </ul>	12	13	14
17	18 <ul style="list-style-type: none"> <li>• grapefruit</li> <li>• raspberries</li> <li>• asparagus</li> <li>• baby carrots</li> <li>• italian dip</li> </ul>	19	20	21
24	25 <ul style="list-style-type: none"> <li>• kiwi</li> <li>• strawberries</li> <li>• snap peas</li> <li>• red onions</li> <li>• ranch dip</li> </ul>	26	27	28
31 memorial day no meal service	1 <ul style="list-style-type: none"> <li>• apricots</li> <li>• limes</li> <li>• ramps</li> <li>• baby bella mushrooms</li> <li>• italian dip</li> </ul>	2	3	4